

Kent County Council

Kent Supported Living

Supporting You to Choose Your Home





Hello

We (Kent County Council) would like to tell you about Supported Living.



Supported Living is a way of helping people with learning disabilities choose a home and live in the way they want.



Supported Living is part of a big plan called 'Valuing People Now'.

Valuing People Now explains what the Government think should happen to make things better for people with learning disabilities.

To make sure this happens we have put it into our housing plan.



This is called our 'Accommodation Strategy'.

It explains how we will provide the right places for people to live who have social care needs.

There are different types of Supported Living



It can be:



- sharing a house or flat where other people get the same help as you



- having your own house or flat with the support you need there



- living with someone and their family
We call this Shared Lives



Supported Living helps you to do more for yourself when you are able to.

You can get help with things like:



- choosing where to live



- running your home and things like paying bills



- support with looking after money and benefits



- getting washed and dressed and personal care



- cooking, shopping and looking after your home



- going to college or doing courses



- going to work and doing voluntary work



- doing things with your friends

My story - how Supported Living has helped me



Maria

Maria has chosen a new home after deciding to leave residential care.



When she found her house, she fell in love with it straight away.

She was supported to move home and now does all the things she enjoys like meeting friends, shopping and going to college.



'I'm really excited about my new home. It's very lovely. I might buy new chairs, a table and a settee.'



Westley

Westley's family feel Supported Living has made a very positive difference in his life.



His support is just right for him. He makes his own decisions about what he wants to do.



He can do lots of new things, like boxing, swimming and other activities.



Westley's family think it is the best thing to have ever happened to him.

Douglas



Douglas was living with his elderly father.

He rarely left the house.

His family thought he might have to go into a residential home.



Then someone told them about Shared Lives.

Douglas moved in with Rod and Lee and has been living with them for 2 years.



He loves walking the dog, is more confident and gets the bus all on his own. He plays sport and works at the local stables.



His family think Shared Lives is the best thing that ever happened to him.

How do I find out more?



For more information speak to your care manager or contact Kent County Council.



Telephone: 03000 41 61 61

For deaf or hard of hearing call:
18001 03000 41 61 61



Email: social.services@kent.gov.uk



www.kent.gov.uk/supportedliving

To ask for this leaflet in another format or language please call:
03000 421553.

Email: alternativeformats@kent.gov.uk