

Please read the following terms and conditions for children taking part in cycle training with Kent County Council.

**Parental/Guardian Declaration:**

**I will make sure that:**

1. The bicycle used is thoroughly checked and safe to ride (please see the Bikeability webpage for details about the ABCDs of cycle maintenance at [www.bikeability.org.uk/get-cycling/cycle-trainingfor-children/](http://www.bikeability.org.uk/get-cycling/cycle-trainingfor-children/) (or take the bike to a local shop for checking)).
2. My child attends all the training.
3. My child will have a suitable helmet.
4. They are suitably dressed i.e. rain coat in wet weather, warm coat and gloves in cold weather and sun cream when it is hot.
5. They are wearing suitable footwear for cycling e.g. school shoes or trainers.

**I also understand that my child may be unable to participate in the training if:**

- a) Any of the above points (1-5) are not met to the satisfaction of the instructor/s.
- b) My child cannot demonstrate adequate bike handling skills.
- c) My child is disruptive during training.
- d) The instructor considers that my child places themselves, or others, at unacceptable risk.

**I agree that:**

- In the event of my child being injured during the training, that first aid may be given by our instructors
- If my child's cycle should develop a fault during the training I consent for them to borrow another cycle to enable them to complete the course. I also consent to another child using my child's cycle if their own one develops a fault during the training.

**Note –** If you are not happy to give this consent it is important that you let the school know this. If we do not receive any specific update in relation to this from the school on the day of the course we will assume that you are happy for this to happen in the event of a problem with cycles

**We recommend that:**

Your child eats a good breakfast before the training. They will be more active in comparison to a normal day at school, and hence need greater energy reserves.

Completing the rest of the Consent form indicates that you have read and agree to all of the above terms.

Peter Wedlake

Team Leader

KCC Cycle Training Team