

## People who have benefited from Kent Pathways Service



We supported Robert to look for social activities and develop skills to do more for himself. Robert is now much more independent.

He does not need as much support as before, makes his own breakfast and lunch and has made friends at the activities he goes to.

Roberts says, "I am pleased I am doing more for myself."

Sadie wanted to find activities or voluntary work with animals. She now volunteers at a dog charity one morning a week. Sadie says, "I love

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doing this, it makes me feel good!"

We supported Lois to find information about local activities and advice on how to find voluntary work. Lois says, "It's been great I really needed the support".

### How do I find out more?

Speak to your care manager or

Telephone: 03000 416161

Textphone: 18001 03000 416161

Email: [KentPathwaysService@kent.gov.uk](mailto:KentPathwaysService@kent.gov.uk)

Web: [www.kent.gov.uk/kentpathwaysservice](http://www.kent.gov.uk/kentpathwaysservice)

To ask for this leaflet in another format or language please call: 03000 421553.

Email: [alternativeformats@kent.gov.uk](mailto:alternativeformats@kent.gov.uk)

### Comments, complaints and compliments

You can tell us:

- if you think we can do something better
- when we have done something wrong
- when we have done something well.

You should tell your care manager or support worker first.

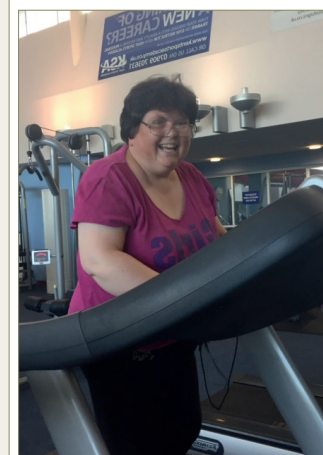
If you want to contact our complaints team:

Telephone: 03000 410 410

Text relay: 18001 03000 410 410

# Kent Pathways Service

## Supporting you to do more for yourself



**Hello,**



We would like to tell you about the Kent Pathways Service.

## The Kent Pathways Service can help you with:



- Preparing for work



- Cooking



- Household tasks



- Budgeting



- Activities

- Keeping safe

- Keeping well

- College courses/training

- Telecare equipment

## How much does it cost?



It will not cost you anything to have support from a Kent Pathways Service worker.

## How long does it last?

Weeks			
1	2	3	4
5	6	7	8
9	10	11	12

The support will be up to 12 weeks to support you to do more for yourself.

## My story

We would like to tell you about the Kent Pathways Service.

### Matthew

"I want to work at the hospital"

We supported Matthew to look into volunteering at a hospital, we helped him with his application and interview.

Matthew is now enjoying being a volunteer at Canterbury Hospital.

### Christine

"I want to learn to cook for me and my friend"

We supported Christine to prepare her main meals. Christine can now cook sausage casserole on her own and does not need as much support.