

Give your little ones
**the best
start**

An illustration showing a parent (orange figure) kneeling on a white mat to play with a baby (blue figure). Another person (green figure) stands to the right, looking on. The background is yellow.

Do you qualify for free weekly vouchers?

With Healthy Start vouchers, pregnant women and mums of under-4s can get free milk, plain fruit, veg & vitamins. If you're on benefits, or pregnant and under 18, you could qualify.

To find out more visit:

kent.gov.uk/change4life