

## People who have benefited from Kent Pathways Service

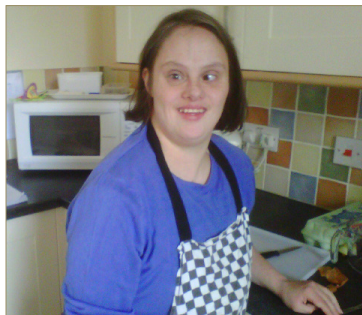


Emma says:

“The walking group is good and brilliant. I have loads of lovely friends there and I met my boyfriend there too.”

Gary says:

“I really love it, I like helping people across the road and I wear high viz to help people see me, I am also first aid trained. I have lost weight since walking and I help with the register in the group. I like making new friends.”



Susan says:

“I like doing my washing all by myself, I will do it every week.”

## How do I find out more?



Speak to your care manager or

Telephone: 03000 41 13 45

Textphone: 18001 03000 41 13 45

Email: [KentPathwaysService@kent.gov.uk](mailto:KentPathwaysService@kent.gov.uk)

Web: [www.kent.gov.uk/kentpathwayservice](http://www.kent.gov.uk/kentpathwayservice)

To ask for this leaflet in another format or language please call: 03000 421553.

Email: [alternativeformats@kent.gov.uk](mailto:alternativeformats@kent.gov.uk)

# Kent Pathways Service

Supporting you to do more for yourself



## Hello,



We would like to tell you about the Kent Pathways Service.

## The Kent Pathways Service can help you with:

- Preparing for work
- Cooking
- Housework
- Budgeting
- Activities
- Keeping safe
- Keeping well
- Finding a college course.



## How much does it cost?



It will not cost you anything to have support from a Kent Pathways Service worker.

## How long does it last?

Weeks			
1	2	3	4
5	6	7	8
9	10	11	12

The workers will support you between 1 and 12 weeks to learn or re-learn skills that will help you become more independent and need less support.

## My story



Andrew's goal was walk to the shop by himself so he can buy his mum some milk if she needs it.

Andrew says:



"I like to go to the cafe by myself now and I buy milk for my mum from the Co-op."

Louis says:



"I have made friends here, I like helping and everyone is nice. I catch the bus here and home again."