

KYCC Meeting Summary – August 2019

At the August KYCC meeting 24 members were present.

Campaign updates – Kent BIG issues

Anti-bullying – Presented progress and plans for campaign group to wider Kent Youth Voice group includes creation of videos, social media posts and blogs to combat anti-bullying culture in schools.

Curriculum for life – Presented progress and plans for campaign group to wider Kent Youth Voice group includes supporting schools in sourcing and providing first aid courses, completing surveys to schools on what topics schools need and creation of a PowerPoint for schools.

Mental health – Presented progress and plans for campaign group to wider Kent Youth Voice group – included creation of a 2020 calendar of mental health awareness days and creation of a mental health app sheet.

Developing resilience in young people – Presented progress and plans for campaign group to wider Kent Youth Voice group includes creation of a PowerPoint & letter to Headstart schools to promote ways to help emotional resilience in young people.

Choice sessions

Mindfulness Art – Young people chilled out and enjoyed some mindfulness colouring and made a hot air balloon picture out of finger prints

Headstart the future workshop – YP discussed ideas and plans for the future of Headstart after the project funding comes to an end to ensure sustainability of the resilience culture in young people in Kent.

Evaluations

| Ranking 1-3 (3 is best) | 1 | 2 | 3 |
|----------------------------|---|----|----|
| Campaign time | 1 | 7 | 8 |
| Choice session | 2 | 6 | 10 |
| Presentations | 4 | 12 | 3 |
| Lunch | 4 | 8 | 7 |