# **KYV Meeting Summary – May 2022**

At the May KYV meeting 31 members were present.

# Campaign updates

**Each of the 4 campaign groups** – Mental Health, Building Resilience, Feeling Safe and Environment met to discuss the progress of their work and their thoughts and ideas for the rest of the year.

**Mental health** - The group created a small list of resources to be looked at and reviewed to see if they are easy to understand and appropriate for young people.

**Building Resilience** – The group discussed their board game, which hopefully the prototype of which will be ready by the next meeting, the group looked at the results of the Wellbeing Measurement Survey with Sarah Collins and what things young people said were still an issue. Alongside deciding to focus on Attention Difficulties, the group also partook in filming for the Learning and Celebration event.

**Feeling safe** – As well as proposing to have different committees for their App and Road Safety projects, the group was also visited by a Schools Police Officer. PC Sam was happy to answer the group's questions, including about the progress over the first year in his placement.

**Environment** – Not only did the group decide upon a 'sourcing trip' destination in Bore Place, for their focus on sustainable farming, they also continued to work on developing resources for an education document to be targeted at Year 7s and 8s, aiming to have all research collated by the August meeting.

### **Welcome Session-**

**KYCC Session-** The chamber voted on motions to change the constitution of KYCC. Among the proposed changes put forward was the election of the KYCC Chair and Vice chair through the Preferential Voting system.

**Speakout-** The group planned out the Changing Minds poetry and HeadStart showcase event book to be set off to the designers/printers.

### Project time -

**Equality** – The group were shown photos of 6 women and had to try and guess certain things about them, with the exercise showing the members their own unconscious bias. The group discussed possible ways we could challenge stereotypes, deciding they would like to make a short video that can be sent to primary schools that challenges stereotypes.

**Opportunities for Young People** – The group continued working on ideas for their poster, as well as discussing their careers event such as a list of contacts they have collated and the feel of the event.

**Disability Awareness** – The group put forward ideas for the July meeting for Disability Awareness. Ideas included a video made with slides of information, a Spot the triggers and challenges game, and a Fact File created via contacting charities and online research.

**UKYP** – Topics discussed the possibility of writing to MPs as part of their campaign, banning conversion therapy, as well as the belief among many of them that mental health services need better advertising.

### **Evaluations**

Score	Campaign session	KYCC/Speakout Session	Project Group Session	Choice Session	Overall day
1	0	0	0	1	0
2	0	0	0	1	1
3	2	8	3	7	1
4	9	6	5	6	10

5	13	8	16	10	12