

# Kent County Council Sheppey Community Day Services

Community activities, new skills, health, well-being  
and much more...



[www.kent.gov.uk/learningdisability](http://www.kent.gov.uk/learningdisability)



## Hello



We would like to tell you about what we offer at the Crawford Centre, Sheerness.

This booklet shows you what we offer each day. Please have a read to see if there is anything you may like to try.



We cannot guarantee that you will be able to do everything you would like.

There is a charge for some sessions.

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## How do I get the service?



If you would like to attend the Community Day Service, please contact your Care Manager.



They will arrange a visit for you and see what interests you. Once you have visited your Care Manager will agree days to attend around your needs and agree a start date.



You will need to complete some forms so we have the correct information to support you.



If the service is not what you want you can change your mind.



It is very important that staff speak to you to make sure everything is okay.



After 6 weeks we will have a meeting to make sure you are happy with everything and you are getting the support you need.

This will be included in your support plan.



While you are at the Crawford Centre you will have a link worker. They are there to help you.



## Opening times

We open at 9am **Monday to Friday**



We close at 4pm **Monday**



We close at 3pm **Tuesday**



We close at 4pm **Wednesday**



We close at 4pm **Thursday**



We close at 3:30pm **Friday**



## When activities take place

**Mon**

Takes place on a Monday

**Tues**

Takes place on a Tuesday

**Weds**

Takes place on a Wednesday

**Thurs**

Takes place on a Thursday

**Fri**

Takes place on a Friday

**Ask**

Ask a member of staff



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## What you can do



Have a look at these activities, if you are interested in one you can put a tick next to it.



## Bowling



We use Hollywood Bowl at Rochester for tenpin bowling. This is an all day session on a Monday and Thursday and Friday morning only.

Mon

Thurs

Fri

## Tai Chi



This activity is every Monday morning at the Minster Community Centre for light exercise and meditation.

Mon

## Gardening



Held at the Crawford centre where we grow vegetables and flowers in our green house and on our vegetable patch.

Mon

## Independent Cooking



Held at the Crawford Centre in our kitchen where we prepare and eat a healthy lunch.

Thurs

Fri

## Walking group



This session is held on a Monday afternoon. We go out for a chat and some light exercise.

Mon

## Fun cook



This is an all day session , held at the Crawford Centre. We bake cakes and take them home.

Tues

## Choir



This session is held on a Tuesday afternoon at the Crawford Centre and songs are chosen by those taking part.

Tues

## Photography



This is an all day session where we go out and about to different locations to take pictures.

Tues

## Indoor Bowls



This session is held in the morning at the Crawford Centre.

Tues

## Computers



This session is held on a Wednesday afternoon at the Crawford Centre.

Weds

## Boccia



This session is held at Sheerness sports centre in the morning. Where we enjoy light exercise.

Weds

## Island history



This session is held on a Wednesday afternoon, where we find out interesting facts about the island and local history.

Weds



## Life story



We look back at the past and have a chat about what we can remember. Held on a Wednesday morning at the Crawford Centre.

Weds

## Co-op Club



The Co-op club is on a Tuesday and Wednesday afternoon in Sheerness. This is where we go to have a drink and play a game of pool.

Tues

Weds

## Ladies Group



This session is at the Crawford Centre on a Thursday afternoon we talk about different topics.

Thurs

## Community skills



This is an all day session where we go shopping to gain new skills.

Thurs

## Gym and swim



This session is held at Sheerness Leisure Centre where we swim in the morning and after lunch we go to the gym.

Fri

## Crafts



Craft session on a Friday afternoon where you can learn and make things.

Fri

## Coffee shop



This session we go shopping in the afternoon to buy stock for the Crawford Centre coffee shop.

Fri

## Enhance room



This room is mainly used by people with complex needs with plenty of space to get out of a wheelchair.

Mon

Tues

Weds

Thurs

Fri

## Dance



Learn and enjoy dancing to popular music on a Wednesday morning at the Crawford Centre.

Weds



If you think this is for you tell your care manager and we'll do the rest.



If you cannot make an activity, because you are unwell, on holiday or have an appointment please tell us as soon as possible.



### Our contact details

Telephone: 03000 420700

Email: [CrawfordCentre@kent.gov.uk](mailto:CrawfordCentre@kent.gov.uk)

Crawford Centre

Edenbridge Drive

Sheerness

ME12 1JS

If you want to tell us about the Service which we provide,  
we are happy to send you Comments, Compliments,  
Complaints booklet which will give you all the information  
you would need.

Please telephone: 03000 410 410

Textphone: 18001 03000 410 410

Email: [complaintsteamadults@kent.gov.uk](mailto:complaintsteamadults@kent.gov.uk)

This document is available in other formats and languages  
please contact us for more information.

Telephone : 03000 41 43 45.