The Community Mental Health and Wellbeing Service

Ian Ayres
(West Kent CCG Chief Officer/Accountable Officer)

Penny Southern
(Director Disabled Children, Adults LD/MH)

Emma Hanson
(Head of Strategic Commissioning – Community Services)

June 2015
Purpose of Event

• Co Producing

➢ Outcomes
➢ Outputs
➢ Evaluation tools
➢ Specifications

➢ Networking Opportunity
The Journey So Far

- Insight gathering with the general public
- Engagement events with service users, carers, providers and key stakeholders
- Engagement events with providers interested in the Strategic Partner role
- Engagement events with providers interested in the delivery network role
- Workshops with Mental Health User Forums and Informal Community Services
- CCG workshops with providers
- Formal public consultation
Current Profile of Investment

Please note does not include Primary, General Hospital or Continuing Health Care Spend
• Kent Health - Public Health Annual Report

• Live it Well Strategy (5 year) - Improving Mental Health and Wellbeing in Kent & Medway

• The Way Ahead – Kents Emotional Wellbeing Strategy

• Joint Health and Wellbeing Strategy
  – Improve health outcomes and quality care
  – Improve public’s experience of integrated health and social services

• No Health Without Mental Health - Government commitment to ‘parity of esteem between mental and physical health services’,

• Five Year Forward view and KCC Outcomes Framework
The Care Act

The Care Act

- Places well-being at its heart. The primary responsibility of local authorities is the promotion of individual wellbeing both those with care needs and carers
- Shifts responsibility from providing services to meeting needs
- Focuses on the need for services to be preventative
- Market shape to stimulate a diverse range of high quality services
Integrated Commissioning

- **Public Health** universal services that support prevention, emotional health and wellbeing
- **Adult Social Care** day opportunities, employment services, service user engagement, advocacy and carers’ services
- **Clinical Commissioning Groups** secondary community mental health services and acute mental health services, improving access to psychological therapies and some community mental health services
- **Supporting People** housing related support and specialist housing schemes
A Life not a Service!

- People only go into secondary services when required and can be discharged ASAP
- People continue and maintain their recovery in a primary care setting
- People are connected to their community and people who have had the same experiences
- People are empowered to get what they need - community navigator/wellbeing connectors
The Vision - Person Centred Community Based Services

Current model confusing array that you have to navigate for yourself

Information advice and guidance

Emotional wellbeing

Social inclusion and supportive community networks

Carers Support

Employment Support

Money advice

Self management and support to maintain recovery

Advocacy

Person

Reshape market and develop Circles of Support model with no wrong door

Information advice and guidance

Emotional wellbeing

Peer brokerage

Primary care support

Carers Support

Advocacy

Advocacy

Employment support

Social Inclusion and supportive community networks

Self management and support to maintain recovery
To achieve the following outcomes:

- Prevention
- Recovery
- Support with Employment
- Support with Housing
- Community Inclusion - Reduced Social Isolations
- Service User Empowerment and Engagement
- Peer Support – Reciprocal Support
- Reduction in deterioration of mental ill health
- Reduction in access to urgent and emergency care services through improved support
- Reduce stigma and discrimination
“A strategic partnership involves a formal agreement between two or more parties that have agreed to share finance, skills, information and/or other resources in the pursuit of common goals.”

Co-producing model at workshops with providers – concept welcomed with lots of input about how to develop/deliver outcomes and safeguard delivery network.
We will create a **web of support** that stops people falling through cracks. Makes sure of the right support at the right time, in the right place, that both promotes emotional wellbeing and supports a recovery journey.
Community Mental Health and Wellbeing Service

Emma Hanson
Head of Strategic Commissioning - Community Services
A Life not a Service!

What does a good life look like for you and your family and how can we work together to achieve it?

Underpinned by Six Ways to Wellbeing
Our duty is to promote well-being
Care Act - Market Shaping

Market shaping activity should stimulate a diverse range of appropriate high quality services (both in terms of the types, volumes and quality of services and the types of provider organisation), and ensure the market as a whole remains vibrant and sustainable.
ONE SIZE DOES NOT FIT ALL
Personalisation, Co-production and Outcomes

MAKING IT REAL
Marking progress towards personalised, community based support.
“People using mental health services, and their families or carers, feel optimistic that care will be effective.”

“When I need support for my mental health, people work together, respecting my culture, my goals and my experience, to deliver fast access, peer support and flexible, responsive care for my physical and mental health needs at the same time.”

Think local act personal

NHS

TLAP – No Assumptions
Cultural Commissioning

- Three year programme, Kent one of two commissioning partners
- Increased understanding amongst commissioners, providers of health and social care and the culture sector about how arts and culture can support the delivery of positive social and economic outcomes
- Building strong strategic relationships to support service redesign and improved outcomes
Welcome

• **House Keeping** – phones, fire exits etc

• **Timings** - coffee 11.30, lunch at 12.30, coffee at 3.25

• **Workshops**

• **Feedback and questions**
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Thanks....