



May
2021

KENT YOUTH VOICE

GET INVOLVED

Building Emotional Resilience campaign group

We have been making a board game called The Resilience Game, to help people learn tips for how to build their resilience, we have tested the game and are putting the final touches together. Now we have tested the game and now the numbers of consonants are needed so we can start getting quotes to have the game produced professionally. Next we will start working on how we will promote and distribute the board game once complete.



Curriculum for Life campaign group

We have 2 main priorities this year & have split into 2 groups to achieve these. The first is to make a series of videos providing expert tips on a range of C4L subjects as well as finding out the lessons people wish they had left school with. The second group is planning to carry out research on PHSE, developing a survey & interviews with Head Teachers, teachers and young people to find out what is needed to improve PHSE for all young people.

Environmental Awareness campaign group

The environment group has had a successful start to the year through supporting WWF Earth Hour on 27th March and Earth Day on 22nd April. They also launched a social media campaign to encourage others to unplug and reduce electricity. The group intends to move on to focus on sustainable lifestyle choices and plan on launching a social media campaign to raise awareness for more sustainable choices.



Mental Health campaign group

The Mental Health Group has started to plan their training package; which helps to give young people information about different mental health conditions and ways in which we can support others to improve their own mental health. It is really Important to the group to raise awareness of the different services which can be accessed by young people to support their own mental health. The group are planning to do this through designing posters and social media posts which can be shared.



 @kentyouthcountycouncil

 @KYCC

 @KentYouthVoice

kent youth county council
kycc



Other Youth Voice news...

Try Angle Awards

Just under 400 nominations were received for the 2020 Try Angle awards and following the district judging, all category winners were presented with their awards via doorstep and zoom presentations. The winners of the district awards were then judged to establish the 8 countywide category winners, who took part in the Spirit of Try Angle celebrations. The judges also selected one of these 8 young people will be awarded the final Spirit of Try Angle trophy.



To celebrate the Spirit of Try Angle awards filming was carried out in various locations across Kent and 3 young people were chosen to present these awards. Well done to George, Lacie & Max for taking up this opportunity and for being brilliant presenters. A huge well done to all the Spirit finalists and to our overall Spirit of Try Angle winner Damien Anderson.

It has been heart warming and amazing to hear about all the wonderful ways in which the young people of Kent have been challenging themselves to achieve, developing their skills and really trying hard, you should be very proud of yourselves. Full details of all the district and spirit winners along with a video of our spirit of Try Angle awards is available to view on the KCC website at

[Try Angle Awards](#).

Nominations have also opened for 2021 so if you know of any young person who deserves to be recognised please nominate them by following the link on the website.

New Chair & Vice Chairs

Following the successful recruitment of over 25 new Members in January 2021 the campaign and projects groups have now elected new Chair and Vice Chairs. These new chairs together with a new overall KYCC Chair, Poppy and Vice Chair, Lacie will make up the KYCC cabinet which meets for the first time in April. They will lead the main campaigns this year covering Curriculum for life, Mental health support for young people, Environmental awareness and developing resilience for young people.

Minutes and progress of these campaigns and other project groups are available in our newsletters, published 4 times a year and our monthly minutes. Both are available to view on the KCC website at [Kent Youth County Council](#).

KYCC elections 2021

This year registration for young people wanting to join KYCC will open in July and registration for schools and youth clubs to become polling stations will open in September. Forms will be available on the website. More information to follow.

Claim Your Resilience Awards

Have you learnt a new skill recently, supported a friend or family member with their mental health, been a great friend or improved your own resilience to help you to return to education? If so we want to hear from you and you could earn yourself some resilience award certificates and badges.



For more information on Kent Youth Voice or Kent Youth County Council contact:

Web: www.kent.gov.uk/youthvoice

Email: kycc@kent.gov.uk

kent youth county council
kycc

