

## Dover Community Day Service

Our service gives a wide choice of activities for people with a learning disability to enjoy.

You can learn new skills, do voluntary work, get advice and help on being independent.

Our activities are held at venues in and around the local area including Walmer, Deal and Dover.

The service provides great opportunities to make new friends and be part of the local community.



## Contact us

You can get in touch with us by:

**Phone:** 01304 363443 or

**Email:** walmer.centre@kent.gov.uk

**Referrals can be made to the service through:**

**Dover Learning Disability Team**  
Cairn Ryan  
101-103 London Road  
River  
Dover  
CT16 3AA

**Phone:** 01304 828555



# Dover Community Day Service

*Make every day a good day*

Community activities, new skills, health and well being and much more...



[www.kent.gov.uk/learningdisability](http://www.kent.gov.uk/learningdisability)

## Things to do!

These are just some of the things you can do, they happen at lots of different places in the area.

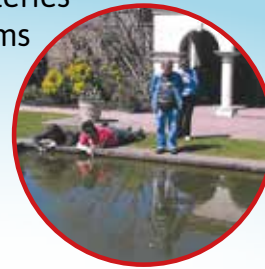
### Community Choir

Based at the Astor Theatre in Deal



### Cultural studies

Visiting galleries and museums



### Going out and doing things

Getting out and about in the community



### Nature Studies

Based at the Monkton Nature Reserve



### Getting active

Sports groups, dancing, keep fit, trampolining, Boccia and much more...

### Classes

Learning and developing skills



### New skills

Learn how to ride a horse and cart and more...



### Music

Sessions take place at the Landmark Centre, Deal



### Voluntary work

Based around the area and Walmer Castle



### Arts and crafts

Sewing, painting, drawing and more...



### Fun with friends

Snooker club, pool, ten pin bowling, karaoke



### Domestic skills

Get better at cooking and skills around the home

