

# GET

# INVOLVED

Kent Youth County Council Update

June 2019

## Anti—Bullying Campaign

The group have outlined their plans for the rest of the year to include a blog—on their perceptions of bullying and what can be done to help prevent it. The group are also developing 3 videos and information to accompany the hashtag #thisneedstostop. Following the distribution of the bullying detox booklets to schools and youth clubs in Kent the group have received some positive feedback and welcome anymore comments from schools and youth organisations on its content.



## Curriculum for Life Campaign

This campaign group is split into 3 sub groups—content, survey and outreach. Following a survey of 454 students it is clear the 3 topics students most want to learn about are First aid, Budgeting / finance and CV's and personal statements. The survey group have created a blank survey which will be sent to schools to help find out what the students want. The content group are working on creation of resources for Curriculum for Life topics to be sent to schools once they know what they need. The outreach sub group are also researching different possible speakers / further resources for schools in order of time and money.



## Developing resilience in young people campaign

This is a new campaign group this year supporting mental health of young people. The group have been looking at different aspects of resilience and the impacts it could have on young people. A list of topics have been delegated to members of the group to research further. A PowerPoint presentation is being planned by the members of the group along with resources for schools to use in assemblies to raise awareness and support for developing resilience.



## Mental Health Campaign

Already 1/2 way through the year this campaign group have got a lot done including preparing resources for Stress & Autism awareness month (April) and Mental Health Awareness week (May). The group are now creating pieces for Mental Health Awareness month (October) and other plans include working on information sources and materials for each month depending what is going on then. They are planning how they would like an annual calendar to look and if it will be beneficial to people to share sites which already have calendars of the important days, weeks and months on already.



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[www.kent.gov.uk/kycc](http://www.kent.gov.uk/kycc)

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# Other KYCC news...

## UK Youth Parliament— Residential—April 2019

On Friday 12th April, 10 of Kent's UK Youth Parliament representatives headed off with 2 staff to PGL site in Swindon for the British Youth Council Leadership development programme residential. The group really enjoyed the weekend meeting loads of new people and learning lots of news skills including how to arrange and run meetings, team working and communication.



Lawrence said, "We had some unforgettable fun times during the activities and games we did there"

Alex said, "It was brilliant to meet so many kind people from all across the country who we will be working with this year. The event really inspired and guided me to meet people who I am representing and get their voices heard"

Alice said, ". I thought it was highly beneficial, eye-opening and educational on the kind of things I would need to take into mind during a campaign. I particularly enjoyed the mock rally we participated in and the Forgeford activity"

Lets hope you can also use these new skills across your UKYP roles over the forthcoming year.

## KYCC elections 2019

Whilst our current elected members are working hard on their campaigns for the year we are also starting preparation for this years elections that will run from 11 - 24th November in schools and youth clubs across the county.



Kent Youth County Council welcomes any young people aged 11-18 years that either live or are educated in Kent to stand for election. Following the elections in November the newly elected members would stand or either 1 or 2 years working on youth related campaigns at monthly Saturday meetings with up to 150 other young people from different districts and community groups across Kent.

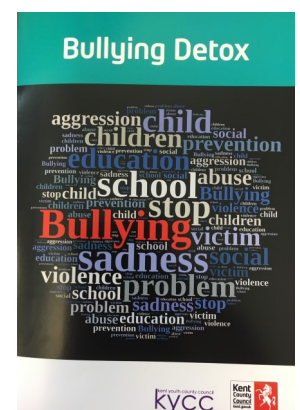
If you are interested in standing for election onto KYCC or know anyone who would be interested you can find more information on our current work and details on our website at [www.kent.gov.uk/kycc](http://www.kent.gov.uk/kycc) Registration will open in July for young people to register and for schools to sign up to be polling stations. Last year we had 20,976 young people's votes cast in our elections and just under 90 candidates stood for election.

## Anti-bullying detox resource for schools and youth organisations

Following the hard work and dedication of the anti-bullying campaign of KYCC we have just published a new resource for schools and youth clubs that has just been sent out to support teachers, students and youth workers with awareness and tools to combat bullying in young people.

This booklet contains information and activities that can be used with young people to combat the signs of bullying. The resource is also available on our website at [www.kent.gov.uk/kycc](http://www.kent.gov.uk/kycc) along with other tools on cyber bullying, curriculum for life topics and a mental health directory.

If you have used the booklet and want to give us some feedback on your thoughts we would love to here from you. We are continuously looking to develop other resources to support young people. You can find us on social media or email us direct as detailed below.



**For more information on Kent Youth County Council contact us at:**

**Web:** [www.kent.gov.uk/kycc](http://www.kent.gov.uk/kycc)

**Email:** [kycc@kent.gov.uk](mailto:kycc@kent.gov.uk)

**Or follow us on Facebook or Twitter**

