Module 4 – MCA 2005: Restraint and Restriction Training

Duration: Half Day
Time: AM - 9:30am – 12.30pm

Refreshments will be available on arrival and during the break.

Target group:

Delegates will have already completed MCA Level 1 Awareness, or MCA 2005: The Statutory Principles and Assessing Capacity and MCA 2005: Supporting Decision Making.

This course is designed for Service Providers (Staff who are delivering health and or social care services to adults in care homes, day centres or within a person's own home)

Course Objectives:

For those who work directly with vulnerable adults to be able to provide interventions which offer protection and which support peoples' right to autonomy.

Learning Outcomes:

- Participants will have a clear understanding of different types of restraint;
- Participants will know what constitutes lawful restraint and be able to apply the legal principles of necessity, proportionality and best interests when delivering interventions;
- Participants will understand their responsibilities around the use of restraint in the context of multiple legal and policy frameworks.

Approach:

A combination of specific teaching input, case studies, group work and experiential learning. This requires a high level of participation, energy and focus from participants. Participants are expected to use the opportunity to share their knowledge and experiences around supporting vulnerable adults.
Legislative and Policy Framework:

- Mental Capacity Act 2005;
- Human Rights Act 1998
- Positive Risk Management Policy for staff carrying out community care assessments;
- Kent and Medway Multi-agency Adult Protection Policy, Protocols and Guidance (January 2012)
- CQC Guidance and Compliance: Essential Standards of Quality and Safety (December 2009)

Facilitator:
Jennifer Neal, MCA Training Consultants, KCC, Learning & Development Team.