

# Developing a Mental Health Commissioning Vision in Kent

## Engagement Events

**Lenham Community Centre**  
**Lenham, Kent**  
**10 July 2014**

**The Ark Community Centre**  
**Dover, Kent**  
**15 July 2014**

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# Perfect Storm

- Austerity
- Health inequalities and rise of multiple long term conditions
- Impact of Welfare Reforms
- Rising cost of living – housing, fuel and water poverty
- Care Act requirements

# KCC Strategic Aims

- Get the best possible outcomes within the resources we have available
- Develop a system that is both affordable and sustainable
- Improve outcomes for vulnerable people within Kent
- Encourage growth and diversification of the provider market including the voluntary sector

# Community Capacity Building Workstreams

## Information, Advice and Advocacy

Mental  
Health  
Core  
Offer

Older  
Person's  
Core  
Offer

Specialist  
Sensory  
Services

Carers  
Core  
Offer

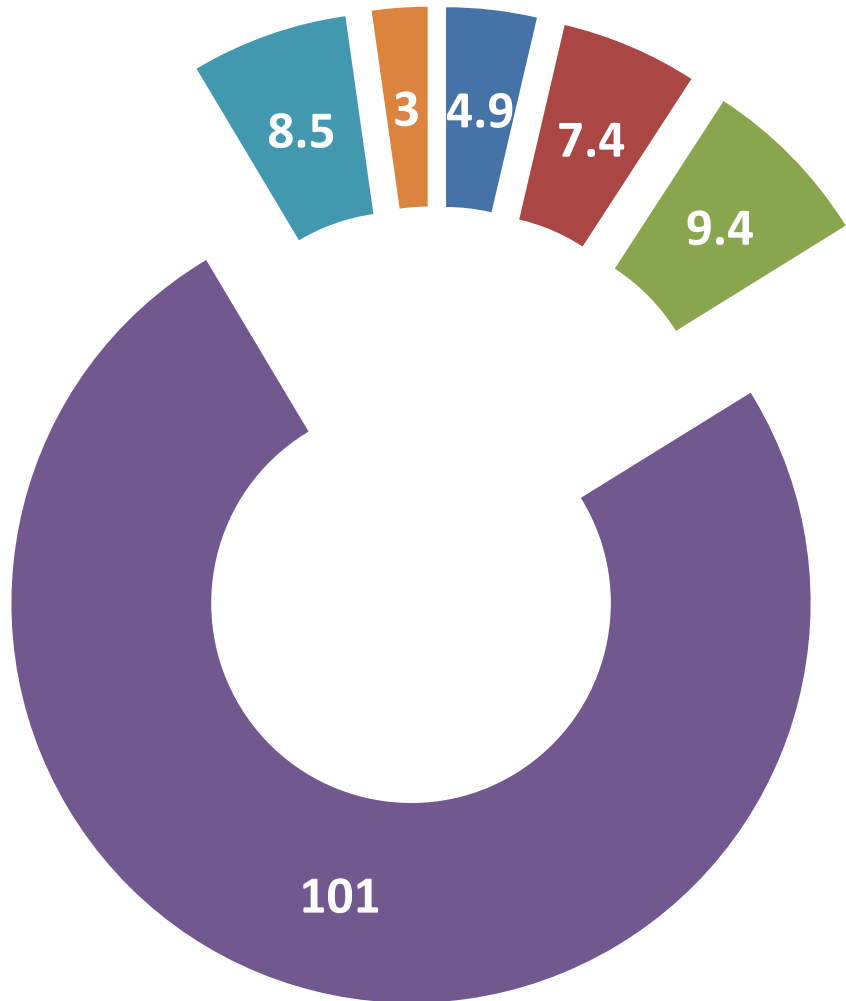
Physical  
and  
Learning  
Disability  
Offer

## Towards Integrated Commissioning

- **Public Health** commissions; universal services that support prevention, emotional health and wellbeing.
- **Adult Social Care** commissions; day opportunities employment services, service user engagement, advocacy and carers' services.
- **Clinical Commissioning Groups** commission; secondary community mental health services and acute mental health services, improving access to psychological therapies
- **Supporting People** commissions; housing related support and specialist housing schemes

Historically too often services have worked in silos focussing on particular issues or steps in a journey. Going forward we need an integrated and outcome focussed approach that helps people lead the lives they want and aligns budgets to create a new approach to tackling well-being. ***Maximum bang for our bucks!!***

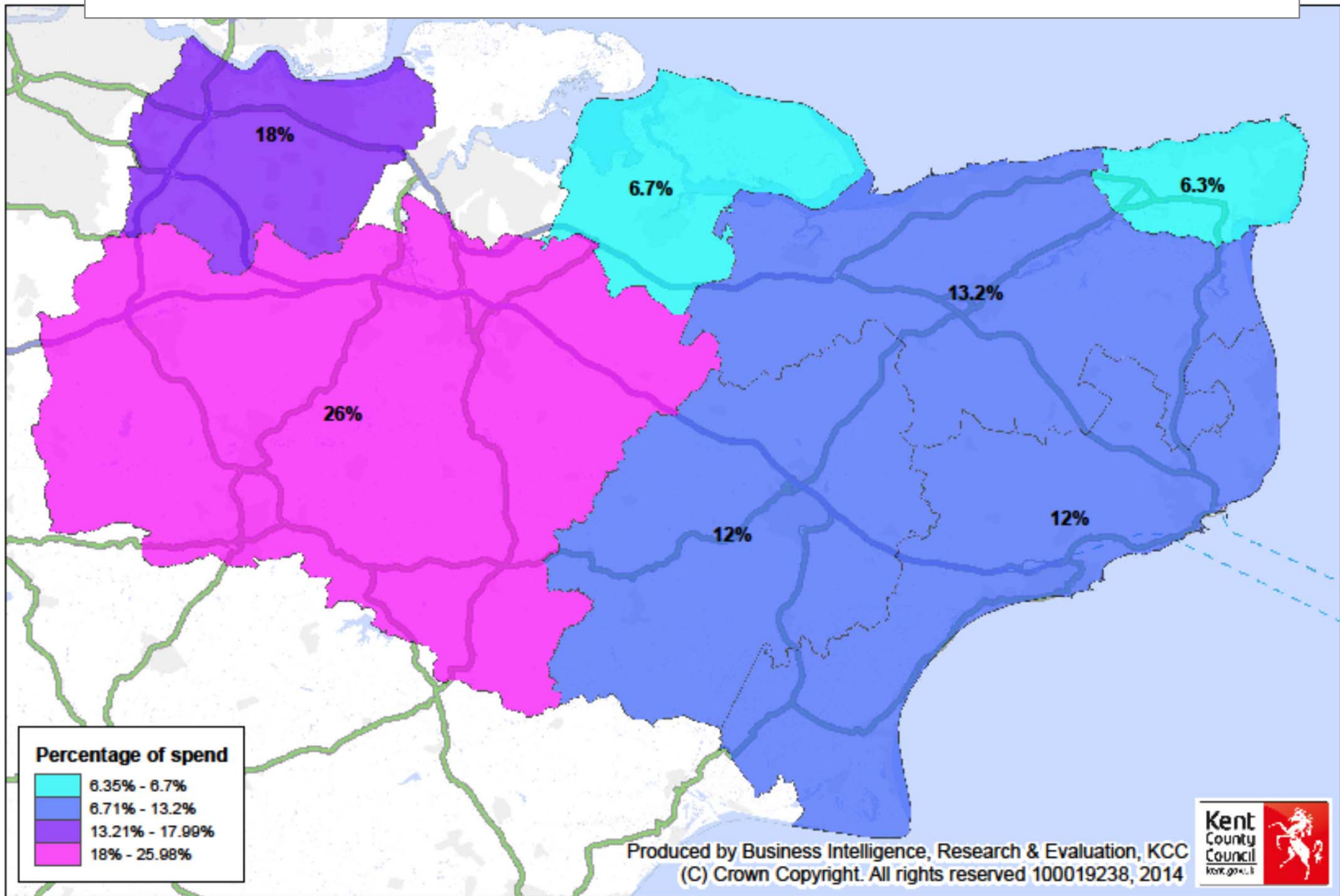
# Current Profile of Investment



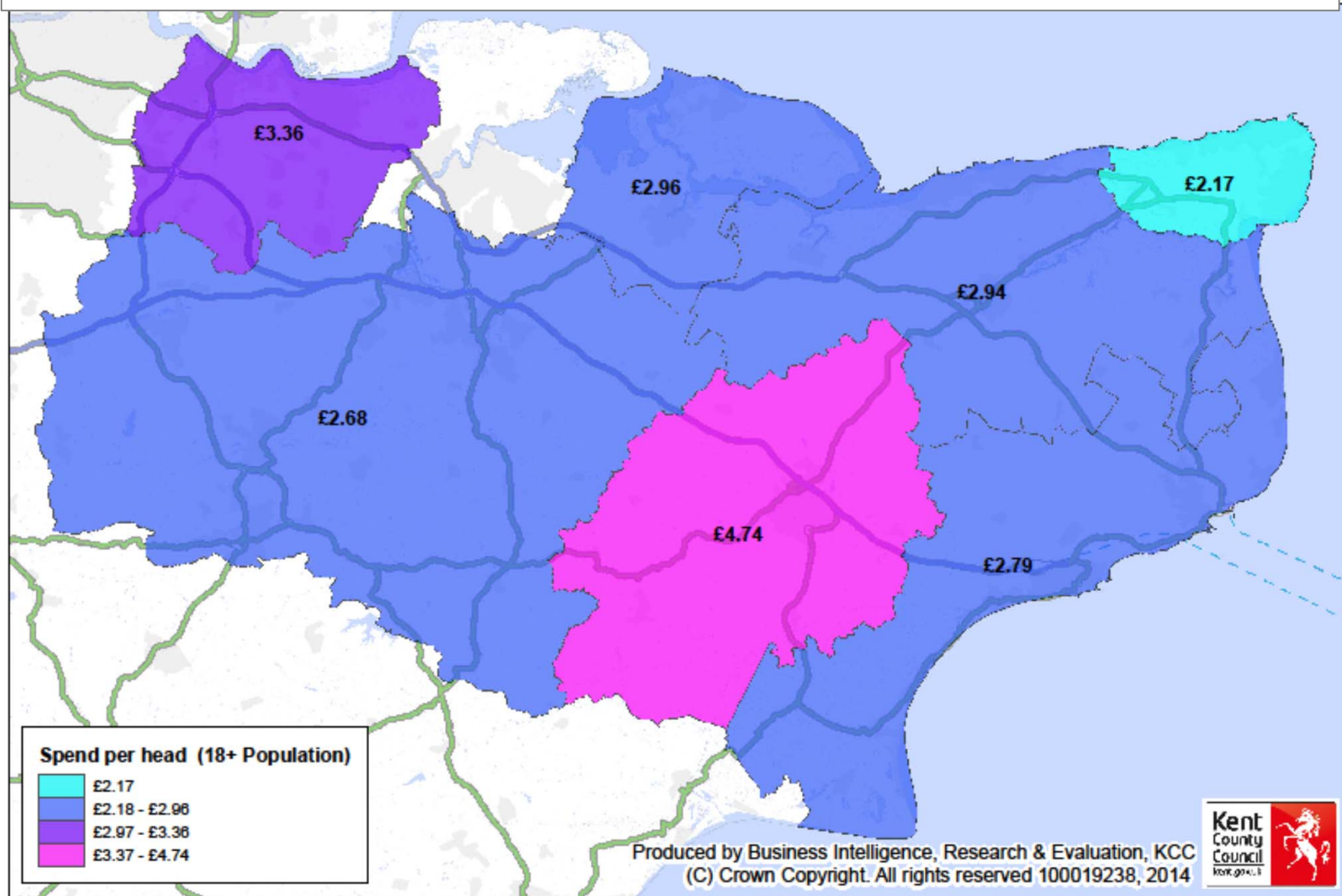
- Joint Funded Community and Voluntary Sector Care
- KCC Funded Residential Care
- KCC staff seconded to KMPT
- CCG Adult Mental Health Commissioned Services
- Improving Access to Psychological Therapies
- Housing Schemes and Housing Support

*Please note does not include Primary, General Hospital or Continuing Health Care Spend*

# Percentage of Total Spend on Community MH Services (KCC & CCGs) 2014/2015



# Spend per Head of 18+ Population on Community MH Services (KCC & CCGs) 2014/2015





# *A Life not a Service !*



## *A Life not a Service !*

- People only go into secondary services when 100% necessary and can be discharged ASAP to continue and maintain their recovery in a primary care setting
- People are connected to their community and others who have had the same experiences
- People are empowered to get what they need/want - community navigator/ wellbeing connectors
- ***Live it Well Strategy*** laid fantastic foundations for future development with health and social care commissioning – working with and investment in the voluntary sector!

# Voluntary/Community Sector Role in Transformation

- Key partner in the transformation
- Integral to building Community Capacity
- Ideally placed to deliver and respond to a local need, know their community
- Quick to embrace change - innovative and responsive services
- Add social value – increase return on investment

# Community Capacity Building Programme

## Where we are;

- Services not fully aligned to strategic outcomes/priorities
- Provided via a range of voluntary sector partners - not consistently networked
- Historically grown different services in different areas, equals inequity of access and a postcode lottery
- Inconsistent performance management

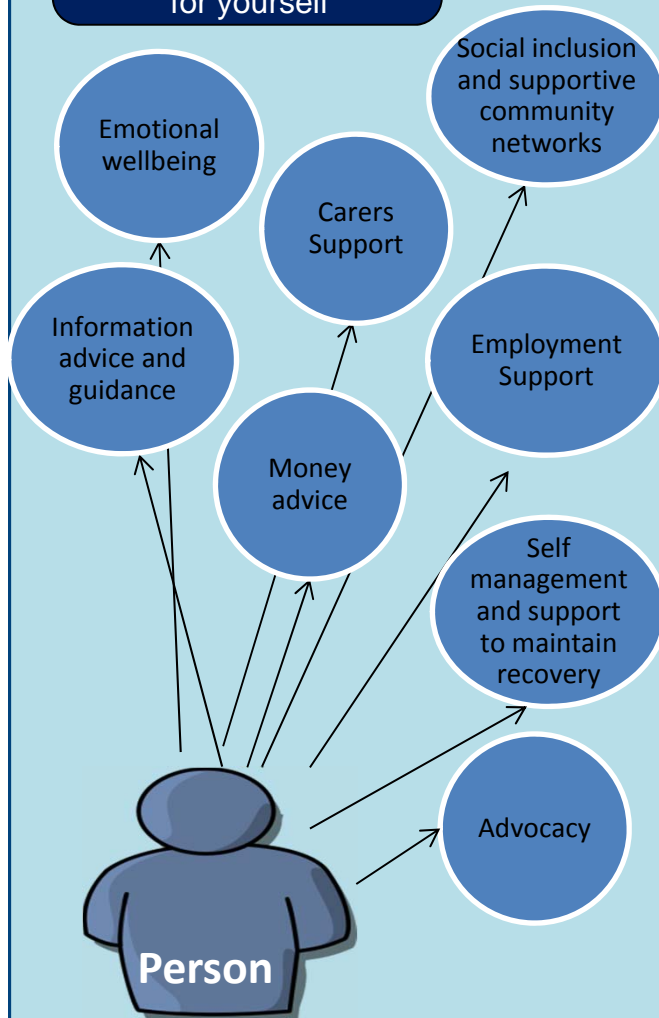
# Community Capacity Building Programme

## Where we need to be:

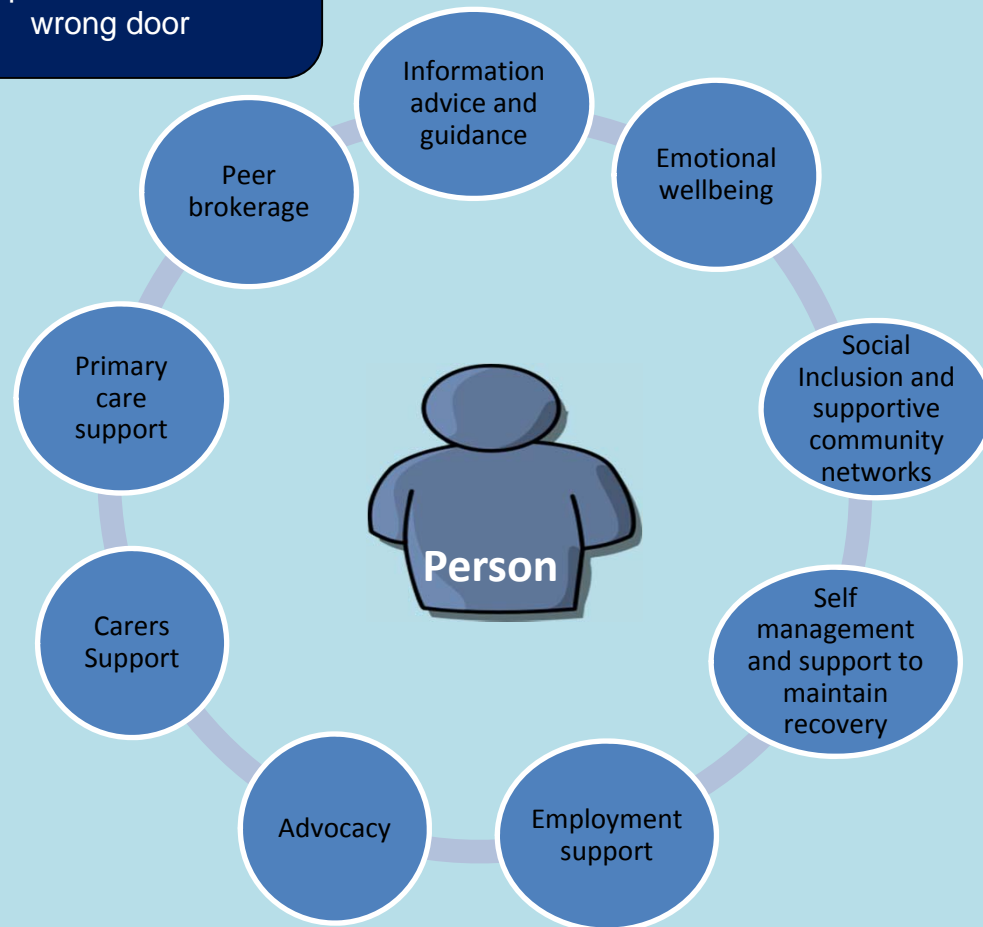
- Develop core offer or menu of services to support independence, wellbeing, self management and tackle social isolation
- Early intervention and support to reduce need for secondary mental health services – primary care focussed
- built on community development principles and connectivity – ***a life not a service***
- Proportionate performance management, focus on outcomes
- Generic where possible specialist where proven necessary

# The Vision - Person Centred Community Based Services

Current model  
confusing array that  
you have to navigate  
for yourself



Reshape market and  
develop Circles of  
Support model with no  
wrong door



## Mental Health Core Offer

To achieve the following outcomes:

- Prevention
- Recovery
- Support with Employment
- Support with Housing
- Community Inclusion - Reduced Social Isolations
- Service User Empowerment and Engagement
- Peer Support – Reciprocal Support

## Mental Health Core Offer

- £4.9m of joint investment from Adult Social Care, Public Health and CCGs
- Currently commissioned via 66 separate grant agreements
- Spend needs to be re-profiled equitably to meet need using JSNA intelligence – deprivation
- Some spend will be out of scope i.e. Information, Advice and Advocacy
- Move to four CCG aligned outcome focussed contracts
- Considering contractual options including creating Lead Strategic Partner with subcontracting clauses, to create networks of supply



## Towards Excellence in Commissioning

- Every **pound** spent benefits our residents and is value for money for Kent taxpayers
- All our activity is focused on the delivery of our strategic **outcomes – well-being, prevention and recovery**
- Co-production - decisions taken, and services commissioned, are based on a strong **understanding of customer need**
- Every option considered for the delivery of services is done so on the basis of a full **understanding of true costs**
- **The strengths of the voluntary, community and private sectors in Kent are fully utilised – *added social value***
- Tough decisions, including when to **decommission** services, are taken in an appropriate and timely manner.

## Next Steps

- Engage, engage and engage – in order to co-produce model and required outcomes with wide range of stakeholders including those who don't currently use services
- Complete business case to support Mental Health Commissioning Strategy and secure necessary funding
- Plan programme and prioritise and sequence projects

# *Questions*

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